



February 2024

Houston Gateway Academy Lunch 9-12 HGA

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| | | | Lunch Entree Rotini & Meatballs Vegetables Broccoli Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll | 01 Lunch Entree Beef Crumbles Pizza Vegetables Parmesan Diced Carrots Sugar Snap Peas Fruit Craisins Apple Juice | 02 |
| 05 Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Diced Carrots Fruit Craisins Apple Juice | 06 Lunch Entree NEW!! Beef & Cheese Crispy Taco Vegetables Pinto Beans Sautéed Corn & Peppers Fruit Orange Apple Juice Grains Mexican Rice | 07 Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Broccoli Cucumber Slices Fruit Red Apple Slices Apple Juice Grains Dinner Roll | 08 Lunch Entree Oven-fried Chicken Drumstick Vegetables Diced Carrots Green Beans Fruit Diced Peaches Apple Juice Grains Cheesy Cornbread Muffin | 09 Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Parmesan Diced Carrots Broccoli Fruit Craisins Apple Juice | |
| 12 Lunch Entree Honey Mustard Grilled Chicken Sandwich Vegetables Wedge Cut Fries Broccoli Fruit Craisins Apple Juice | 13 Lunch Entree Chicken Fajita Walking Taco Vegetables Pinto Beans Corn Fruit Orange Apple Juice | 14 Lunch Entree Grilled Cheese Vegetables Green Peas Diced Carrots Fruit Sour Strawberry Raisins Apple Juice | 15 Lunch Entree Chicken Parmesan Penne Pasta Vegetables Green Beans Fruit Diced Peaches Apple Juice Grains Garlic Texas Toast | 16 Lunch Entree Deep Dish Cheese Pizza Vegetables Brown Sugar Glazed Diced Carrots Green Beans Fruit Craisins Apple Juice | |
| 19 | 20 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll | 21 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice | 22 Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll | 23 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush | |
| 26 Lunch Entree Fiesta Burger Vegetables Tater Tots Corn Fruit Craisins Apple Juice | 27 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Pinto Beans Broccoli Fruit Orange Apple Juice Grains Dinner Roll | 28 Lunch Entree Spaghetti & Meatballs Vegetables Green Beans Baby Carrots Fruit Red Apple Slices Apple Juice | 29 Lunch Entree Korean Chicken Rice Bowl Vegetables Diced Carrots Green Beans Fruit Diced Peaches Apple Juice | | |

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.